

Contents	Page No.
<i>List of Abbreviations</i>	<i>vi-x</i>
<i>List of Tables</i>	<i>xi-xv</i>
<i>List of List of Figures/Charts</i>	<i>xvi</i>
<i>List of Boxes</i>	<i>xvii</i>
<i>List of Maps</i>	<i>xiii</i>
Chapter-1 Introduction	1-19
1.1 History and Origin of the Nagas	3
1.2 History and Origin of the Mao Naga Tribe	9
1.3 General Features of the Mao Naga Tribe	15
1.4 Mao Naga Farmers	17
Chapter-2 Review of Literature	20-39
2.1 Part-I: Agricultural System and Farmers	21
2.2 Part-II: Socio-Economic Conditions of Farmers in India	26
2.3 Part-III: Role of Government Programmes	33
Chapter-3 Methodology	40-53
3.1 Rationale	41
3.2 Objectives of the Study	43
3.3 Types of Data Required	43
3.4 Sources of Data	43
3.5 Tools and Techniques of Data Collection	44
3.6 Phases of Data Collection	45
3.7 Universe of the Study	46
3.8 Sampling Size and Sampling Techniques	47
3.9 Processing of data	48
3.10 Analysis of Data	48
3.11 Fieldwork	49
3.12 Operational Definitions	51
3.13 Limitations of the Study	53
Chapter-4 Manipur: A Brief Profile	54-83
Chapter-5 Socio-Economic Conditions of Mao Naga farmers	84-120
5.1 Socio-Economic Conditions of Mao Naga in the Past	86
5.2 Socio-Economic Status (SES) Scale	92
5.3 Usage of Socio-Economic Scale to Measure the Status of Mao Naga Farmers	93
5.4 Components of Socio-Economic Status (SES) Scale	99
5.5 Class Category of the Respondents	114
5.6 Other Parameters to Assess the Socio-Economic Conditions of Mao Farmers	115

Chapter-6	Factors Affecting the Socio-Economic Conditions of Mao Naga Farmers	121-181
6.1	Natural Setting of Agriculture	122
6.2	Hardships of Mao Farmers	123
6.3	Fragmented Land Holding	125
6.4	Cultivation Practices	129
6.5	Agricultural Pattern and Farm Techniques	140
6.6	Marketing, Storage and Processing of Farmers' Produce	150
6.7	Labour and Working Condition	152
6.8	Natural Factors	155
6.9	Cultural Factors	158
6.10	Other Cultural Beliefs and Practices	162
6.11	Other Social Factors	163
6.12	Government Policy for Mao Farmers	172
Chapter-7	Role of Government Programmes in Improving the Socio-Economic Conditions of Mao Naga Farmers	182-255
7.1	Part-I: Agriculture and Farmers Under Five Year Plans in India	183
7.2	Part-II: Agriculture and Farmers Under Five Year Plans in Manipur	202
7.3	Part-III: Role of Government Programmes in Improving the Socio-Economic Conditions of Mao Naga Farmers	227
Chapter-8	Summary and Conclusion	256-281
	<i>Bibliography</i>	282-295
	<i>Appendix-I: Interview Schedule</i>	296-306
	<i>Appendix-II: Photographs</i>	307-308