

## **APPENDICES**

**Annexure – I**

**Annexure – II**

## **Annexure (I)**

### **Checklist for Focused Group Discussion**

#### **Introduction:**

- Welcome the participants
- Explain the purpose of the Focused Group Discussion
- Take their consents to record the session in writing and use of Tape recorder
- Ensure confidentiality

#### **Focused Group Discussion:**

1. General information (Background and transmission)
2. Day today life (How do you spend your time and what is your perfect way to spend your life?)
3. Supporting systems (Who were the people who look after you and your family?)
4. Needs you required (Like for children academic purpose or for your family)
5. Opinion regarding treatment (Discriminate by anyone anywhere where you seek treatment)
6. Face any problems (Like anyone disturbing in your personal matters)
7. Taking care of children (Suggestion for your children's care and development)
8. Association in groups (How do you feel being together)

#### **Ending:**

Briefly summarized the points of discussion and ask if the conclusion or the discussion is all right.

#### **After the discussion:**

- Thanks the participants
- Have tea and snacks
- Made the participants dispersed

## **Annexure (I) Interview Schedule**



### **ASSAM UNIVERSITY, SILCHAR**

(A Central University)

### **A Study on HIV/AIDS affected Widows in Imphal, Manipur**

#### **Interview Schedule**

(Confidential)

#### **1 To find out the Demographic Profile**

1. Age: .....
2. Your married year:.....
3. Your age when the spouse died:.....
4. No. of Children: .....
5. No. of Family Members: .....
6. Religion
  - 1) Hindu 2) Muslim 3) Christian 4) Others
7. Caste
  - 1) General 2) Schedule Caste 3) Schedule Tribe 4) OBC
8. Place of Birth
  - 1) Rural 2) Urban
9. Education
  - 1) Illiterate 2) Upto VIII 3) Graduate 4) Post- Graduate
  - 5) Under Matric 6) Till X
10. Type of Family
  - 1) Nuclear 2) Joint 3) Extended

11. Type of Marriage
  - 1) Love Marriage 2) Arranged 3) Incidentally 4) Any Others
12. Acquaintance
  - 1) Childhood 2) College friend 3) Office Colleague 4) Relative
  - 5) Belongs to same locality 6) Any Others
- 13 Staying with Whom
  - 1) Parents 2) In-Laws 3) Relatives 4) Friends 5) Married Daughters
  - 6) Married Son 7) Independently with Children 8) Living Alone
14. Whether you had family?
  - 1) Yes 2) No
15. If yes, why you are not staying with them?
 

.....
16. Whether you have children (not HIV affected) staying with others?
  - 1) Yes 2) No
17. A) If yes, with whom are they staying?
 

.....
- B) Is there any reason why staying with them.
 

.....
- C) Do you have any contact or in touch with them?
  - 1) Yes 2) No
- 2 To know the Socio-economic condition
18. Occupation (usual employment pattern)
  - 1) Self-employed 2) Govt. employed 3) Unemployed 4) Any others
19. If employed nature of work:
 

.....
20. Income (monthly): .....
21. How much you are able to save monthly from your salary?.....
22. If unemployed what is the main source of income/ for support base?
  - 1) NGO support 2) Support from Parental Family
  - 3) Support from Maternal Family 4) Support from Friends
  - 5) Any others (Specify)
23. Any other sources of income.....
24. House Type
  - 1) Pucca 2) Kuchha 3) Semi pucca
25. Housing Status
  - 1) Owned 2) Rented
- 26 a) If rented how much do you pay in a rent?.....

- b) Did you able to pay the rent every month?  
 1) Yes 2) No
27. If No, How did you manage?  
 1) Borrow 2) Keep due 3) Pay when received money  
 4) Change of Place
28. Availability of Electricity  
 1) Yes 2) No
29. Availability of latrine  
 1) Yes 2) No
30. Type of fuel mostly used for cooking  
 1) Firewood 2) Coal 3) L.P.G (gas) 4) Kerosene 5) Electricity  
 6) Any Others
31. What are the main sources of drinking water?  
 1) Private Tap 2) Private Hand pump 3) Public Tap  
 4) Public Hand pump 5) Pond Water 6) Any others

3 To know the Knowledge Relating to HIV/AIDS

32. When did you first hear about AIDS?.....
33. Do you have any idea about HIV?  
 1) It is a Virus 2) It is Dreadful disease 3) Do not know
34. Where did HIV come from?  
 1) Chimpanzee 2) Insects 3) Man 4) Do not know
35. Whether it can be cure or not.  
 1) Yes 2) No 3) Not Sure
36. Whether HIV/AIDS are one and the same?  
 1) Yes 2) No
37. Is there Vaccine which can cure AIDS?  
 1) Yes 2) No
38. HIV infect through sperm?  
 1) Yes 2) No
39. Are women especially vulnerable to HIV?  
 1) Yes 2) No
40. AIDS mainly spread by unprotected sexual contact?  
 1) Yes 2) No
41. AIDS is also an air borne disease?  
 1) Yes 2) No
42. Sharing food, clothes, bathroom and toilets with HIV positive person spread AIDS?  
 1) Yes 2) No

43. AIDS spread by casual touch, hugging tears, urine and sweat?  
 1) Yes  
 2) No
44. There is no possibility of spreading AIDS from HIV infected within to her body during pregnancy?  
 1) Yes 2) No
45. Do you think AIDS is only the disease for the disease for high risk group such as prostitute; IDUs truck drivers and professionals Blood donors?  
 1) Yes 2) No 3) Not fully agree
46. Who is the carrier of the AIDS virus?  
 1) Prostitute 2) Infected Mother 3) Drugs Abusers 4) Don't know  
 5) All above
47. How can identify one is infected with HIV/AIDS virus?  
 1) By seeing poor health condition 2) Only by blood test alone  
 3) On being a drug addict 4) By knowing their bad habits  
 5) From complexion 6) All above
48. What is your perception being widow's?  
 .....
49. How did you discover your HIV status?  
 1) Voluntary testing 2) After prolonged illness  
 3) While donating blood 4) While testing blood for other illness  
 5) During Pregnancy 6) Any other (specify).....

4 Kinds and Methods of Treatment

50. What was your age when you were detected with HIV? .....
51. Do you have awareness about the places where the HIV Detection Tests are done?  
 1) Regional institute of medical sciences 2) Any private clinic/hospital 3) Any Govt. aided hospital/medical College  
 4) Any other (specify).....
52. After you have tested positive, did you take any precaution to avoid transmitting?  
 1) Yes 2) No
53. If yes, what efforts did you take?  
 1) Stopped donating blood 2) Decided not to have child  
 3) No breast feeding 4) Safer sex practice  
 5) Taking care of herself 6) Taking alert by herself  
 7) Any other (specify).....

54. Are you on ART (Anti-retroviral therapy)?  
1) Yes 2) No
55. Since how long.....
56. Are you satisfied with the ART treatment now?  
1) Yes 2) No
57. If No, what is the reason?  
.....
58. According to you your health status is?  
1) Excellent 2) Good 3) Poor  
4) Very Poor 5) Don't know
59. Usually at what stage of illness do you go for treatment?  
1) Immediately 2) When symptoms persists  
3) First try home remedies 4) Any other (specify).....
60. Do you think Rehabilitation and counseling centre/ services running by Voluntary Organization are doing well for PLWHA.  
1) Yes 2) No 3) Not Much
61. Do you seek treatment whenever you have minor illness?  
1) Yes 2) No
62. Where do you seek the treatment?  
1) RIMS 2) State Hospital 3) Charitable Hospital  
4) Faith Healer/Religious person 5) NGO clinic  
6) Any other (specify).....
63. Why have you chosen the above health centre?  
1) Affordable 2) Specialized treatment 3) Good Doctor 4) Nearby  
5) Doctor known 6) Less expenses 6) Any Other (Specify).....
64. If case of No, treatment, is it because of the  
1) Financial constraints 2) Lack of time 3) Less co-operation  
4) Good health 5) Any Other (specify)
65. Whether Medication making any positive result?  
1) Yes 2) No 3) Couldn't realised
66. Do you feel that you don't have enough money to care of yourself and your child?  
1) Yes 2) No
67. Do you feel you need support and assistance?  
1) Yes 2) No

68. If yes then, what kinds of Support and Assistance you need.
- 1) Psychological support                      2) Social acceptance
  - 3) Human rights and Legal rights 4) Health and medicine 5) Income and employment 6) Spiritual
  - 7) Nutrition and shelter    8) Education support for Children
  - 9) Any others

5 Sources and type of support

69. Did you get any kind of Social support?
- 1) Yes 2) No
70. If Yes, From where
- 1) Family 2) Relatives 3) Friends 4) Community
  - 5) NGOs 6) All Above 7) Any others (specify).....
71. Was NGOs/Govt available to help you if you needed and wanted help (e.g if you felt very lonely need help just taking care of yourself?)
- 1) Yes, as much as I wanted 2) Yes, quite a bit
  - 3) No, not at all
72. Have you ever received Counseling services by a Counselor from Voluntary Organization?
- 1) Yes 2) No
73. How important to you counseling?
- 1) Very Much 2) He opens up your mind
  - 3) Make you comfortable for your life 4) Realize the Mistakes
74. a) Does someone /anyone contribute to your support in any way from Institution?
- 1) Yes 2) No
- b) if yes then in what way
- 1) Cash 2) Clothes 3) Food 4) Any Material
  - 5) Books for Children 6) Nutrition
75. Does this contribute the majority of your support?
- 1) Yes 2) No
76. Did you have any kind of Social Networking with any Govt or Non Govt. Agency?
- 1) Yes 2) No
77. If yes, could you give me the details?
- .....
78. Do you think that the support you received is adequate in addressing your needs?
- 1) Yes 2) No 3) little bit



79. Do you receive any training programme?  
1) Yes 2) No
80. Name of the training programme.  
1) Counseling 2) Management of treatment 3) Peer Education  
4) Home based care 5) SHGs 6) Other 7) All above
81. Who conducted or organized this programme?  
1) MACS/NGOs 2) RIMS/MACS 3) Other
82. Do you agree that Social Support /Social Networking is very important?  
1) Strongly Agree 2) Agree 3) Neither agree nor Disagree  
4) Strongly Disagree

6 Stigma and Discrimination Faced by them

83. a) Was there any death of an AIDS in the family beside your husband?  
1) Yes 2) No  
b) If Yes,  
What is your relationship to the person?  
1) Brother-in Laws 2) Sister-In -Laws  
3) Brother 4) Sister
84. What as the initial reaction of the family members coming to know regarding your HIV status?  
1) Shocked 2) Disappointed 3) Embarrassed 4) Supportive  
5) Thrown out of the house 6) Hindrance of husband by family in earlier stage 7) Showing angriness 8) Blaming 9) Any others (specify)
85. Have you ever been discriminated in any ways?  
1) Yes 2) No
86. If yes then, in what way you are discriminated?  
1) Verbally abused, teased 2) Refused medical treatment  
3) Spitting in front of you  
4) Been given poor quality health services from any clinic you visit  
5) Physically abused 6) Exposing her status  
7) Abandon her -in-laws 8) Any other (specify).....
87. Do you sometimes feel that your life is useless?  
1) Yes 2) No
88. "AIDS is definitely a curse from God to a person for her wrong doing"  
1) Yes 2) No 3) Not at all

89. Do you get very much excited of the just remembrance of the better experience of your life?  
1) Yes 2) No
90. Do you always get yourself busy in some work or the other just to forget your problem?  
1) Yes 2) No 3) Sometimes
91. Do you generally feel that you are helpless?  
1) Yes 2) No
92. Do you generally feel suffocation because of fear of death?  
1) Yes 2) No
93. Do you feel upset when you are blamed or neglected you?  
1) Yes 2) No
94. What do people in your area commonly think about AIDS patient?  
1) Incurable Disease 2) Associated with drugs  
3) Immoral way of living 4) Any other (specify).....
95. Do you still associate normally with your friend?  
1) Yes 2) No  
a) If No why?  
1) Because you are afraid 2) Because you ill condemned by society  
3) Because you are infectious  
b) If Yes, why?  
1) Because you are human being 2) Because they need your Help  
3) Don't know 4) Don't want to stay behind  
5) Don't want to be lonely 6) Enjoy mingle with them
96. Did you ever face discrimination at the time of the delivery when you acquire illness?  
1) Yes 2) No
- 97 a) Have you ever blamed for the death of your husband?  
1) Yes 2) No  
b) If Yes, by whom  
1) Your family 2) In-Laws 3) Relatives  
4) Close Friends 5) Any other (specify).....
98. Status of self in the society  
1) A big problem 2) A small problem  
3) Not a problem 4) Don't know
99. Do you suggest removal of restriction put forth on Widows?  
1) Yes 2) No

7 Need and plan for livelihood

100. I sincerely wish  
1) To be a most happy person 2) To be a most fortunate person  
3) That I may attain the high respect 4) That society understand them well
101. I am always  
1) Ready to fight for the noble 2) Ready to enhance  
3) Prepare to remove social evils
102. Do you think Behavior is that put people at risk to HIV  
1) Yes 2) No
- 103.a) Did you find difficulties in taking care of the daily needs of Children?  
1) Yes 2) No  
b) If Yes, How

.....

104. What is your future plan for your Children?  
.....

105. Have you ever experienced/interacted the better feeling and mode of life style of an HIV/AIDS affected person who is leading a general healthy life for long?

- 1) Yes 2) No

106. a) If Yes, what is your knowing from his/her  
.....

. b) If No, how you like to interact with whose people, why?  
.....

TH-850  
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