

Appendix – 1: Health Care Providing Institutions in North East India

Name of state	Sub-centre	Primary Health Centre	Community Health Centre	Total
Arunachal Pradesh	273	65	20	358
Assam	5109	610	100	11219
Manipur	420	69	16	505
Meghalaya	413	85	13	511
Mizoram	346	58	9	413
Nagaland	302	46	9	357
Tripura	539	58	11	608
Northeast in aggregate	7042	991	178	8211

Appendix 2 : QUESTIONNAIRE

Sl.No.

A PART OF DOCTORAL RESEARCH PROGRAMME
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A STUDY ON HEALTH CULTURE AND HEALTH SEEKING BEHAVIOUR IN BARAK VALLEY WITH REFERENCE TO HEPATITIS AND GALL BLADDER STONE

1. How long have you been suffering from Jaundice.
(i) One week (ii) More than a week (iii) 2-3 weeks (iv) One month (v) More than a month
(vi) More than 3 months (vii) _____
2. How long have you been suffering from Gall stone ?
(i) One week (ii) More than a week (iii) 2-3 weeks (iv) One month (v) More than a month
(vi) More than 3 months (vii) _____
3. Have you undergone operations? (i) Yes (ii) No
4. (If yes) when have you undergone operations ?
5. (If you are suffering from Jaundice) Is it the first time that you have the attack of Jaundice ?
(i) Yes (ii) No
6. (If no) when did you suffer last ?
(i) Last year (ii) Two years ago (iii) More than 2 years ago.
7. (If suffering from Jaundice) Have you suffered from Gallstone earlier ?
(i) Yes (ii) No
8. (If yes) When did you suffer ?
(i) Last year (ii) Two years ago (iii) More than 2 years ago.
9. (If you are suffering from Gallstone) is it the first time that you have suffered ?
(i) Yes (ii) No
10. (If you are suffering from gallstone) When did you suffer last ?
(i) Last year (ii) Two years ago (iii) More than 2 years ago.
11. (If you are suffering from gallstone) Have you suffered from Jaundice earlier?
(i) Yes (ii) No
12. (If yes) When did you suffer ?
(i) Last year (ii) Two years ago (iii) More than 2 years ago.
13. If you are already suffered from jaundice whom did you consult.
(i) Alleleopathy (ii) Homoeopathy (iii) Unani (iv) Any other _____
14. Are you pregnant ? (In case of women)
(i) Yes (ii) No
15. (If yes) What is the duration of fetus ?

BACKGROUND

16. Name of the respondent _____
17. Sex (i) Male (ii) Female
18. Location of residence _____
19. Age _____
20. Education
(i) Illiterate (ii) Primary (iii) Secondary (iv) H.S.S.L.C. (v) Graduate (vi) More than graduate
(v) Technical (vi) Any other

21. Marital Status :-
(i) Married (ii) Unmarried (iii) Divorce (iv) Widow
22. Religion :-
(i) Hindu (ii) Muslim (iii) Christian (iv) Jain (v) Any other.
23. Social status :-
(i) Brahmin (ii) Kayastha (iii) Vaisya (iv) Sudra (v) OBC (vi) SC (vii) Any other
24. Occupation :-
(i) Unemployed (ii) Student (iii) Self employed (iv) Businessman
(v) Private service (vi) Govt. service.
25. Details of family members :-

Sl.No.	Name	Relationship	Sex	Age	Education	Occupation	Suffer from	
							Jaundice	Gallbladder stone
1								
2								
3								
4								
5								
6								

26. Type of Family :-
(i) Nuclear (ii) Joint
27. Total family income _____.
28. Type of house :-
(i) Pucca (R.C.C.) (ii) Assam Type (iii) Semi Pucca (iv) Kachha.
29. Type of toilet :-
(i) Sanitary (ii) Kachha (iii) Open space
30. Source of water :-
(i) PHE (ii) Ringwell (iii) Hand pump (iv) River/Cannal (v) Pond
31. How do you process water for consumption
(i) Boiling (ii) Without boiling (iii) Filtering water boiling (iv) Filtering without boiling.
32. Do you use same pond/well for drinking water and other domestic purposes :-
(i) Yes (ii) No

AWARENESS (Jaundice)

33. What do you think is the source of Jaundice

	<u>Yes</u>	<u>No</u>	<u>Don't know</u>
(i) Bed food	(i)	(ii)	(iii)
(ii) Bed water	(i)	(ii)	(iii)
(iii) By physical contact	(i)	(ii)	(iii)
(iv) Using same cloths, utensils of infected person	(i)	(ii)	(iii)
(v) By drinking alcohol	(i)	(ii)	(iii)
(vi) Sexual contact	(i)	(ii)	(iii)

34. Which organ of body is related to Jaundice
- | | Yes | No | Don't know |
|--------------|-----|------|------------|
| (i) Liver | (i) | (ii) | (iii) |
| (ii) Heart | (i) | (ii) | (iii) |
| (iii) Kidney | (i) | (ii) | (iii) |
| (iv) Eyes | (i) | (ii) | (iii) |
35. How Jaundice is detected ? _____.
36. What are the symptoms of Jaundice ? _____.
37. Have you heard of Hepatitis B ?
(i) Yes (ii) No
38. Is it related to :-
- | | Yes | No | Don't know |
|-----------------|-----|------|------------|
| (i) Jaundice | (i) | (ii) | (iii) |
| (ii) Gall Stone | (i) | (ii) | (iii) |
| (iii) Any other | (i) | (ii) | (iii) |
39. (If yes) What is the source of information ?
(i) News Paper (ii) Radio (iii) T.V. (iv) Wall poster (v) Medical personnel
(vi) Friends & relatives (vii) Any other _____.
40. Do you know any other varieties of hepatitis :-
(i) Yes (ii) No
41. (If yes) What are these ?
42. Is there any Vaccine for HBV
(i) Yes (ii) No (iii) Don't know
43. How hepatitis is transmitted to others.
(i) Blood transmission
(ii) Contaminated water
(iii) Fecal matter
(iv) Saliva
(v) Sexual relation
(vi) Sputum/Cough
(vii) Gall stone
(viii) Infected needle or syringe
44. What do you think is the source of gall stone ?
(i) Bad food
(ii) Bad water
(iii) By physical contact
(iv) Using cloths, utensils etc.
(v) By drinking alcohol
(vi) Sexual contact
45. Is gall bladder any organ of body ? Yes No Don't know
46. How gall stone is detected ?
(i) X-Ray (ii) Sonography (iii) Blood Test (iv) ECG
47. What are the symptoms of gall stone ?
(i) Upper pain - Vomiting (ii) Gas - Acidity (iii) Fever (iv) Diarrhoea

FOOD HABIT

48. Are you vegetarian or non-vegetarian
(i) Veg. (ii) Non-Veg.

49. What type of oil do you use for cooking ?
 (i) Mustard (ii) Sunflower (iii) Soyabin (iv) Groundnut (v) Any other.

50. How frequently do you take the following items.

Sl.No.	Item	Daily	Six time	five time	four time	three time	twice	fortnightly
1.	Row fish							
2.	Dry fish							
3.	Chicken							
4.	Meat							
5.	Eggs							
6.	Milk							
7.	Dal							
8.	Ghee/Butter							
9.	Dalda							

51. How frequently do you take the following item in a day.

Sl.No.	Item	One Time	Two Time	Three time
1.	Rice			
2.	Roti			
3.	Milk			
4.	Fish			
5.	Eggs			
6.	Meat			
7.	Chicken			
8.	Dry fish			
9.	Ghee/Butter			
10.	Dal			

52. Do you take pan --
 (i) Yes (ii) No

53. No. of pan you take in a day.

54. What type of pan do you take
 (i) Sadar gura (ii) Jarda (iii) Plain

55. Do you take alcohol
 (i) Yes (ii) No

56. Frequency of taking alcohol.

57. Do you smoke
 (i) Yes (ii) No

58. What type, (if yes)
 (i) Bidi (ii) Cigarette (iii) Any other

59. No. of bidi/cigarette in a day.

SLEEPING HABIT

60. How long do you sleep ? _____

61. How do you rate the quality of your sleeping
 (i) Sound (ii) Disturbed (iii) Normal

62. Do you sleep at day also _____ (i) Yes (ii) No

63. (If yes), How long.

PHYSICAL WORK

64. Is these any type of physical exercise or body movement in your daily activities.

(i) Games (ii) Nature of work (iii) No. of activity

65. If you play games, how frequently do you play

(i) Daily (ii) 2 - 3 days in a week (iii) Once a week (iv) Occassionally

66. Do you have any domestic work.

HEALTH SEEKING BEHAVIOUR

67. Whom do you first consult for treatment

(i) Alleleopathy (ii) Homeopathy (iii) Ayurvedi (iv) Unani (v) Any other.

68. Whom did you consult first ?

(i) Alleleopathy (ii) Homeopathy (iii) Ayurvedi (iv) Kabiraj (v) Unani (vi) Any other.

69. Are you satisfied with the treatment

(i) Yes (ii) No

70. (If no) Whom do consult next time.

(i) Alleleopathy (ii) Homeopathy (iii) Ayurvedi (iv) Unani (v) Any other.

71. (If no) What are the reasons for being satisfied

72. Do you consult doctor for general checkup frequently

(i) Yes (ii) No

73. Why do you prefer for alleleopathy instead of Kabiraj (Jaundice) Homeopathy (Gall Stone).

Appendix – 3
PHOTOGRAPHS

Appendix III



Photo 1 discussion with surgeon in Karimganj Red Cross Hospital



Photo 2 Jaundice patient lying in bed in Silchar Medical college.



Photo3. Doctor in Karimganj hospital is reading schedule



Photo 7. Jaundice patient lying in Silchar Medical College Hospital.



Photo 8. Gall Bladder stone patient lying in Redcross Hospital.



Photo 9. A severe jaundice patient in Karimganj Hospital. She is orphan also.



Photo4.patient in Karimganj Hospital



Photo 5.Gall Bladder stone patient lying in Kalyani Nursing Home



Photo 6.Gall Bladder stone patient at Kalyani Hospital



Photo 11. Interacting with Healer



Photo 10. Interacting with doctor in Karimganj Hospital.